

Groups and organisations to support carers and their cared for in Basildon area

Please see below the listed organisations for Basildon area below, and links to their websites where appropriate.

Butterflies Clubs run clubs and events for children with additional needs

[Children | Butterflies Club | England \(butterfliesclubs.co.uk\)](#)

Blind and Sight Impaired Society - Groups include Audio Book Club, Craft Group, Keep Fit, Wickford Support Group, Guide dog and puppy raisers group, Braille tuition Tech Support [Activities | BASIS \(basissouthessex.org.uk\)](#)

Families in Focus - an independent charity, working with families who have a child (or children), or a young person, with any special educational need or disability (SEND).

[All resources - Families InFocus Essex](#)

Kids Inspire provide mental health and trauma recovery support for children, young people and their families. Through a range of therapeutic and community activities promote resilience, self-awareness, and relationship building to empower more positive life choices.

[Kids Inspire](#)

SNAP are an organisation that supports families that have a child between 0 – 25 years who has any additional need or. No formal diagnosis or professional referral is necessary to access SNAP services. They provide information, groups, events and counselling services

[SNAP Charity - Registered Charity No.1077787](#)

Brighter Opportunities for Special People provide fun short break activities for children and young people with learning and physical disabilities.

[Sessions and Support Services - BOSP Brighter Opportunities for Special People, Pitsea, Basildon](#)

U3A (University of the Third Age) run a wide variety of groups and activities for people who are retired or semi-retired

[Basildon & Billericay u3a: Groups \(u3asites.org.uk\)](#)

RHS (Royal Horticultural Society) run community gardening groups

[Find a local gardening group / RHS Gardening](#)